



Collection method for the Stamey Test

The patient must present a full bladder, should not ejaculate for 2 days and must not be in antibiotic therapy for at least a month.

- Use 4 sterile wide mouthed containers marked with a progressive number from 1 to 4.
- Thoroughly wash the external genitalia and the urethral meatus with soapy solution and rinse thoroughly.
- Collect the first stream of the first morning urine (a few ml) into container n. 1
- Stop urinating, take away the midstream and collect in container No. 2
- Bring the two samples and the empty containers to the clinic of urology.
- Once the prostate massage is carried out, gather the prostate secretion into container n. 3
- Collect a third urine sample in container 4

*The undersigned (name and surname)_____ declare
having followed the instructions in this disclosure*

Date ____/____/____ *Signature* _____