



Collection of urine in 24 hours method

- Collect urine in the morning, emptying the bladder and taking away the excreted urine.
- Take note of the time.
- During the next 24 hours collect all the urine, using special plastic containers (also clean plastic bottles).
- The collection must end the next morning at the same time it started in considering also the last time of collection. Example: at 7:00am empty the bladder taking away the urine; then collect all urine, including those of 7:00 the next morning. The recipients will therefore contain, at the expiration of 24 hours, the entire amount excreted during the day (morning, afternoon, evening and night).
- During the collection, keep the containers in a dark and cold place.
- Send all the urine collection to the clinic with this statement completed and signed.

SURNAME _____ NAME _____

BIRTH _____ Weight (Kg) _____ Height (cm) _____

Quantity (volume) of urine (mL) _____

*The undersigned (name and surname) _____ declare
having followed the instructions in this disclosure*

Date ____/____/____ *Signature* _____