

## ***Research of fecal occult blood on three samples***

The sample collection must be performed using the appropriate **specimen container with preservative**.

It is possible to pick up the container at the IEO samples clinic or, alternatively, buy it at the pharmacy.

Do not collect sample during or within three days of the menstrual cycle and/or while you are suffering from bleeding hemorrhoids.

Avoid contaminating the feces with urine.

Alcohol, aspirin and other medications taken in excess may cause gastrointestinal irritation leading to occult bleeding. These substances should be suspended at least 48 hours before the test.

No food restriction is necessary before performing the test.

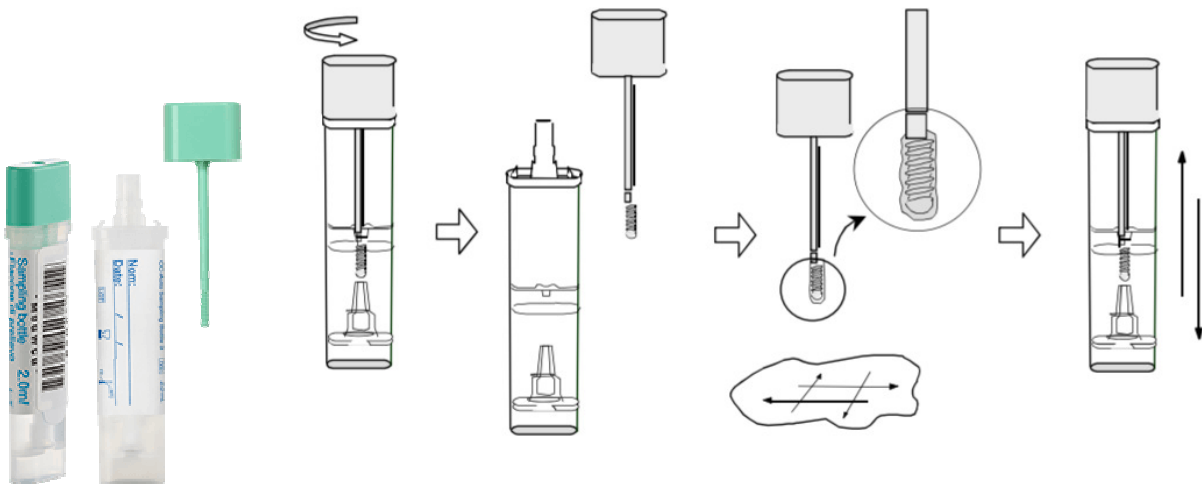
### Sampling procedure

Gather in 3 different days a small amount of stool and put it in 3 different containers in the following way:

- Remove the green cap by turning to the left and pulling upwards
- Collect the faecal sample with the sampling probe by scraping from different areas of the surface of the faeces
- Collect the amount enough to cover the groove of the probe
- Insert the sampling probe to the sample collection device and tighten the cap. Do not repeat more than once
- Shake the bottle vigorously up and down several times

**Note:** *If the faeces is hard, moisten it with water before collecting the sample using the sampling probe.*

The sample thus collected should be stored in a refrigerator and delivered preferably within 24 hours of collection and no later than 3 days.



The undersigned (name and surname) \_\_\_\_\_ declare

having followed the instructions in this disclosure

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_