

Sputum collection method

In the absence of a specific request from your doctor, it is recommended not to carry out the examination in the course of antibiotic therapy.

Wait at least 7 days after the last intake of antibiotics.

- Use sterile wide mouthed containers with a screw cap.
- Collect the material in the morning on an empty stomach
- Perform a proper cleansing of the oral cavity with mouthwashes or gargles with saline or distilled sterile solution
- Collect directly into the container at least 2ml of secretions from the trachea emitted by spontaneous expectoration, with forced breaths or with deep coughs
- The sputum must derive from lower airways and must not be contaminated by saliva.
- In case there is difficulty to expectorate, coughing can be induced with aerosol with warm saline or N-acetyl-L-cysteine (no antibiotic).
- Give to the clinics immediately or refrigerate for up to 1 hour

To research the **bacillus Kock**, a collection for **3 consecutive days** should be performed

*The undersigned (name and surname) _____ declare
having followed the instructions in this disclosure*

Date ____/____/____

Signature _____