



Urine culture

Use only the appropriate sterile wide mouthed container and proceed as follows:

- Collect the urine of the first urination in the morning or 3-6 hours after the first urination
- Wash your hands and the external genitalia with soap and water and rinse abundantly
- Open the container without touching the inside or the cover with your hands
- Urinate eliminating the first stream
- Collect the next urine directly into the container filling it about halfway
- Close the container immediately
- Submit to the clinic as soon as possible or store the container at + 2 ° - 8 ° C for up to 4 hours.

*The undersigned (name and surname)_____ declare
having followed the instructions in this disclosure*

Date ____/____/____ *Signature* _____