

**3rd MEETING ON** 

# **CANCER PREVENTION**

Education, screening and early detection in top five most common cancers

3<sup>RD</sup> OCTOBER 2025

### INTRODUCTION

Prevention remains the best weapon for oncological diseases. Health treating through informative promotion an culture of prevention is the most effective treatment for preventing the onset of cancer, in particular with abolition of tobacco, implementation of educational campaigns focusing on proper nutrition and a healthy lifestyle, increasing in cancer screening, using of genetics and precision oncology to identify high-risk individuals and promotion of tertiary prevention to reduce the risk of relapse. Implementation of these strategies could lead to a 35% reduction in cancer mortality and a 70% increase in cancer survival by 2070.

This meeting will be based on intense collaboration across different disciplines in science and technology, promoting further new attitudes and novel interactions between broad ranges of players in cancer prevention research. The faculty involved in this meeting includes surgeons, genetists, lab investigators, pathologists, epidemiologists, oncologists, and radiologists.

There will be an overview on theoretical and practical skills to train and update professionals capable of managing issues related to cancer prevention in healthy individuals, or in patients with a cancer diagnosis. Furthermore, this meeting will address new needs related to continuity of care in surviving patients and/or complex patients.

## FACULTY

Adriana Albini, Milan Italy Meric A. Altinoz, Istanbul Turkey Patrick Benusiglio, Paris France Fedor Berditchevski, Birmingham UK Luca Bertolaccini, Milan Italy Bernardo Bonanni, Milan Italy Fátima Carneiro, Porto Portugal Giovanni Corso, Milan Italy Carmen Criscitiello, Milan Italy Francesco Di Bello, Naples Italy Nicola Fusco, Milan Italy Viviana Galimberti, Milan Italy Jaak Janssens, Brussels Belgium Carlo La Vecchia, Milan Italy Mãrcis Leja, Riga Latvia Francesca Magnoni, Milan Italy Lucia Mangone, Reggio Emilia Italy Vincenzo Nicastro, Milan Italy Francesco Petrella, Monza Italy Gabriella Pravettoni, Milan Italy Franco Roviello, Siena Italv Mohamad Saab, Cork Ireland Francesco Sardanelli, Milan Italy Rachel van der Post, Nijmegen The Netherlands

#### **CHAIRS**

#### Giovanni Corso

ECP President Breast Cancer Surgery Division, European Institute of Oncology IRCCS, Milan Italy Department of Oncology and Hemato-Oncology, University of Milan, Italy

#### Viviana Galimberti

Director Breast Cancer Surgery Division European Institute of Oncology IRCCS, Milan, Italy

### SCIENTIFIC COORDINATOR

#### **Paolo Veronesi**

Director Breast Cancer Programme and Breast Cancer Surgery Division, European Institute of Oncology IRCCS, Milan Italy Department of Oncology and Hemato-Oncology, University of Milan, Italy

# Programme

### **THURSDAY 2 OCTOBER**

14.00-18.00: Consensus recommendations on cancer prevention (reserved for ECP members)

### **FRIDAY 3 OCTOBER**

08.30 Registration

#### INTRODUCTION AND WELCOME

9.00 Viviana Galimberti

#### **GLOBAL CANCER STATISTICS AND LIFESTYLE**

Chairs: Jaak Ph. Janssens, Gabriella Pravettoni

- 9.15
   Global cancer statistics

   Lucia Mangone
   9.30

   Cancer: a Lifestyle Disease 

   Proportion of cancer due to

   recognized causes in Italy

   Carlo La Vecchia
- 9.45 Nutrition and primary prevention -Adriana Albini
- 10.00 Discussion

#### PUBLIC EDUCATION AND SCREENING

Chairs: Giovanni Corso, Francesco Petrella

- 10.10 Strategies for Public Education and Lung Cancer Screening Luca Bertolaccini
- 10.25 Breast cancer screening and early detection Francesco Sardanelli
- 10.40 Update on the clinical trials on robotic early detection of lung cancer Jaak Ph. Janssens
- 10.55 Co-design and launch of "On the ball": an inclusive communitybased campaign to promote testicular cancer awareness Mohamad Saab
- 11.10 Discussion
- 11.20 Coffee break

#### **GENETICS AND PERSONALIZED MEDICINE**

- Chairs: Fátima Carneiro, Franco Roviello
- 12.00 Hereditary lung cancer Patrick Benusiglio
- 12.15 Management of high-risk patients with breast cancer Viviana Galimberti
- 12.30 Tailored multi-target approach in subjects with germline variants: from risk assessment to risk reduction Bernardo Bonanni

- 12.45 ECP consensus recommendations Giovanni Corso
- 13.00 Discussion
- 13.10 ECP AWARD 2022 winner: Jaak Ph. Janssens 2025 winner: Carlo La Vecchia
- 13.20 Lunch

#### PREVENTION AND RESEARCH IN SURGERY

Chairs: Bernardo Bonanni, Vincenzo Nicastro

- 15.00 Gastric cancer prevention in Europe where we are with it now? Mãrcis Leja
- 15.15 Risk-reducing mastectomy Francesca Magnoni
- 15.30 PSA screening: where do we stand? Francesco Di Bello
- 15.45 Is HIPEC indicated to prevent peritoneal carcinosis? Franco Roviello
- 16.00 Discussion

#### PATHOLOGY AND PREDICTIVE TUMOR MARKERS

Chairs: Meric A. Altinoz, Carmen Criscitiello

- 16.10 Precancerous lesions of the stomach Fátima Carneiro
- 16.25 Refining Management of Hereditary Diffuse Gastric Cancer: Integrating Histological and Molecular Characteristics into Surveillance and Treatment Strategies Raguel van der Post
- 16.40 Early breast cancer risk stratification: from histopathology to genomic assays and beyond Nicola Fusco
- 16.55 Molecular biomarkers in inflammatory breast cancer detection Fedor Berditchevski
- 17.10 Discussion

#### CONCLUSIONS AND REMARKS

17.20 Giovanni Corso

# REGISTRATIONS

Registration fees Regular fee Residents fee

Euros 150 (VAT included) Euros 80 (VAT included)

To register clic on the following link: https://ems.mzevents.it/start/2379/eng

# CREDITS

The course will provide ECM credits to Italian specialists only. Provider: IEO, ID 207 - 454371 Credits: 6

#### **Areas of Interest**

The course is accredited for ECM for: Medical Doctors (specialized in Pathological Anatomy, General Surgery, Gastroenterology, Medical Genetics, Oncology, Medical Genetics Laboratory, Clinical Pathology, Radiology).

Educational Objective: 18 - Technical-professional content (knowledge and skills) specific to each profession, specialization, and ultra-specialized activity, including rare diseases and gender medicine.

#### **Certificate of Attendance and ECM Credits**

The certificate of attendance will be sent by email from the Organizing Secretariat a few days after the end of the course. Please note that in order to be eligible for CME credits, it is mandatory to: attend at least 90% of the course hours, complete the event evaluation guestionnaire, and pass the practical exam that will be held at the end of the course. The certificate indicating the CME credits will be sent by email a few days after the event concludes.

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